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### Interdisciplinary Involvement in HTN Management

Kirsten Curcio

*Providence*

Maurice N. Tran

*Providence Medical Group*

Estera Ianciu

*Providence*

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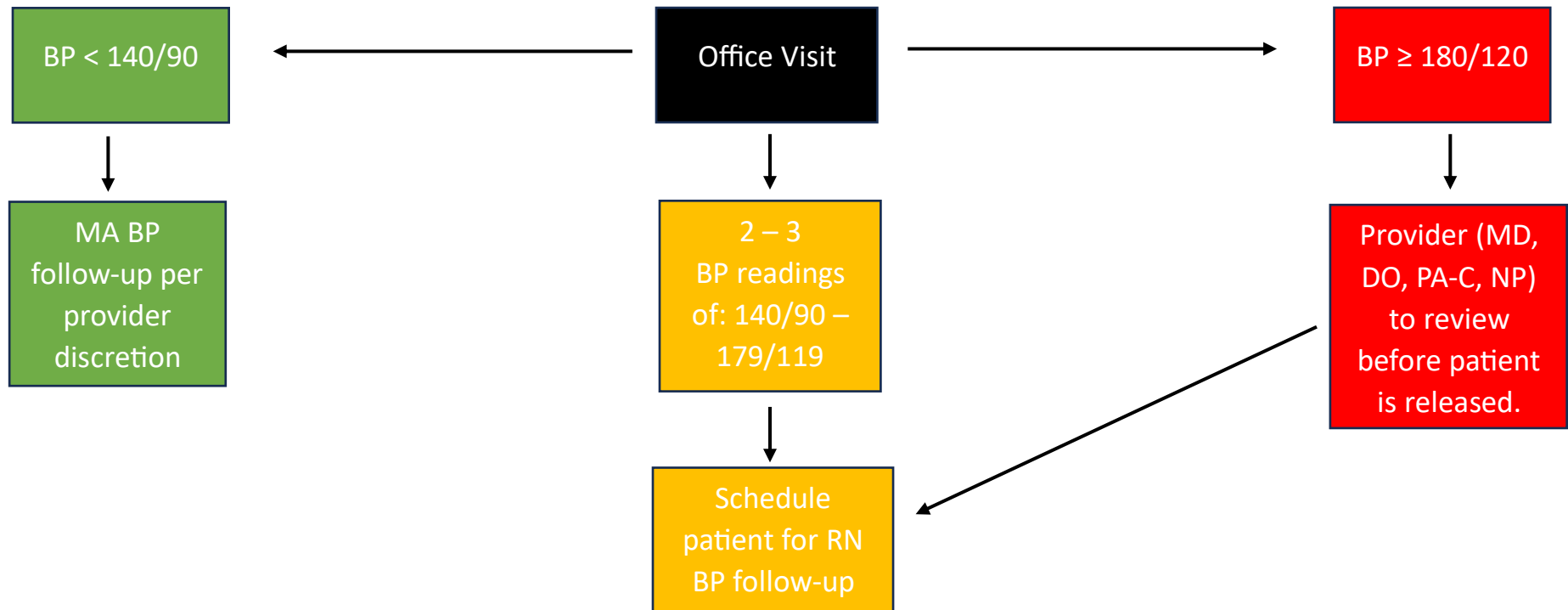
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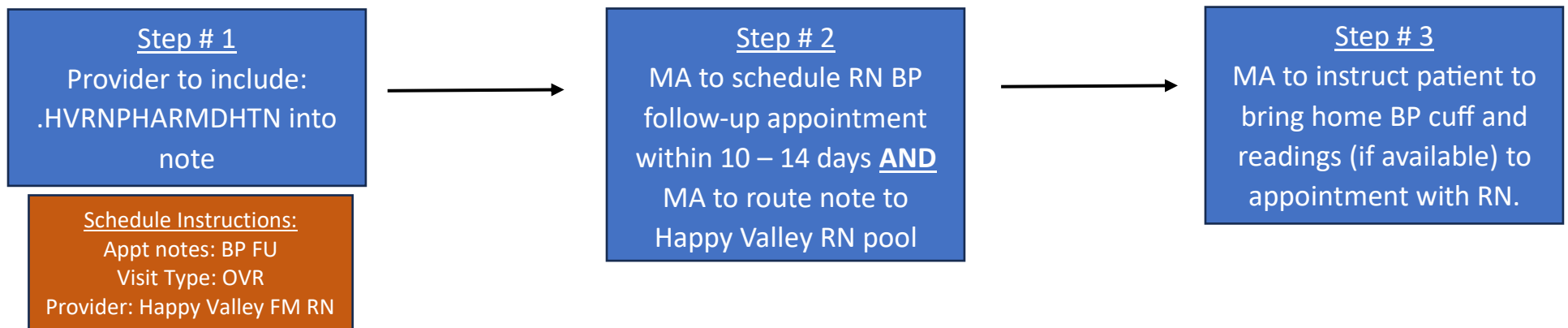
# PMG Happy Valley Clinic Hypertension Workflow

Developed By: Estera Ianciu, RN; Kirsten Curcio, RN; Maurice Tran, PharmD, BCACP

## Flow Chart:



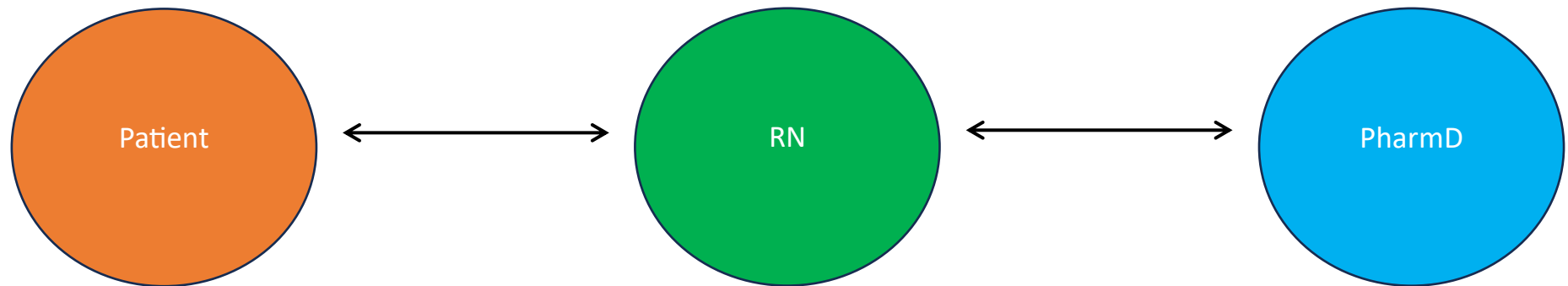
## Scheduling RN BP Follow-Up



## PMG Happy Valley Clinic Hypertension Workflow: Supplementary Information

*Developed by: Estera Ianciu, RN; Kirsten Curcio, RN; Maurice Tran, PharmD, BCACP*

<b>.HVRNPHARMDHTN</b>
Patient will return in clinic for a RN appointment in 10 – 14 days to follow up on hypertension.
RN will coordinate with PharmD to address HTN pharmacotherapy and follow-up labs.
During RN appointment: <ul style="list-style-type: none"><li>- If blood pressure is meeting goal, patient will follow-up with provider at routine interval.</li><li>- If blood pressure <math>\geq</math> than 180/120, <math>\leq</math> 90/50, or patient is symptomatic, RN will notify a provider.</li></ul>



### RN HTN Appointment Activities:

- Obtain vitals (BP & pulse)
- Assess for hyper-/hypo-tension symptoms and medication side-effects
- Educate on 1) HTN and 2) how to correctly measure BP at home
- Cross validate home and clinic BP cuffs
- Review recommendations made by PharmD with patient

### RN & PharmD Care Coordination:

- Co-review patient's BP control, symptoms, and medications.
- PharmD utilizes collaborative practice agreement to modify HTN medications & order labs
- PharmD and RN to review patient with provider as needed per patient complexity